What Constitutes Happiness? Self Perceived Quality of Life Scale Theoretical Framework And Development

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... the self-perceived quality of life scale is a psychological assessment instrument which is based on a comprehensive theory of the self-perceived quality of life (SPL) and provides a multi-faceted measurement of health-related and non-health-related aspects of well-being. The scale has become an instrument of choice for monitoring quality of life in some clinical populations, for example ...

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Self-Perceived Quality of Life Scale - Psynso

... According to Ed Diener, people are happy if they think they are, and each person is the best judge of whether they are, in fact, happy or not (Diener & Suh, 1996). He introduced a term to describe this 'measure' of happiness: Subjective wellbeing.

The Psychology, Theory, and Science of Happiness (+18)...

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